

**PARKLAND COMMUNITY BASKETBALL LEAGUE DETAILS**

[www.parklandbasketball.ca](http://www.parklandbasketball.ca)

| AGE  | PROGRAM / DIVISION   | PROGRAM DETAILS   | DAYS OF THE WEEK  | PROGRAM LENGTH  | GEAR / EQUIPMENT  |
|--|--|---|---|---|---|
| <b>2010-13</b><br>Co-ed<br>30- athletes Max<br><br>Cost = \$110.00 | <b>Jr. NBA Skills Training</b><br>"jr.Nba Program"                                     | <b>Skills based training</b> from NCCP Fundamentals trained Coaches, lower nets and age appropriate balls.  | <b>Sessions:</b><br>Mon & SAT<br>Primarily Sat  | 10 SESSIONS   | Includes:<br>-NBA t-shirt<br>-Spalding multi color ball |
| <b>2010-13</b><br>Co-ed<br><br>Cost = \$250.00                     | <b>MITES / U9</b><br>Community League Play. Games and practices in Parkland County     | <b>Skills &amp; health based training</b> from NCCP Fundamentals trained coaches, guest coaches & fitness specialists.<br><b>Includes 1 practice and 1 game per week.</b> | <b>Practice:</b><br>Mon or Tues<br><br><b>Games:</b> Saturday                                 | <b>Sept to March</b><br><b>Practices start:</b><br>October 1<br><br><b>Games start:</b><br>October 13th | Includes<br>-Game Jersey                                |
| <b>2008-09</b><br>Gender Specific<br><br>Cost = \$250.00           | <b>MINI / U11</b><br>Community League Play. Games and practices in Parkland County     | <b>Skills &amp; health based training</b> from NCCP Fundamentals trained coaches, guest coaches & fitness specialists.<br><b>Includes 1 practice and 1 game per week.</b> | <b>Practice:</b><br><u>Boys / Girls</u> = Mon or Tues or Wed<br><br><b>Games:</b> Saturday    | <b>Sept to March</b><br><b>Practices start:</b><br>October 1<br><br><b>Games start:</b><br>October 13th | Includes<br>-Reversible Jersey                          |
| <b>2006-07</b><br>Gender Specific<br><br>Cost = \$250.00           | <b>BANTAM / U13</b><br>Community League Play. Games and practices in Parkland County   | <b>Skills &amp; health based training</b> from NCCP Fundamentals trained coaches, guest coaches & fitness specialists.<br><b>Includes 1 practice and 1 game per week.</b> | <b>Practice:</b><br>Boys = Tues or Wed<br>Girls = Mon or Tues<br><br><b>Games:</b> Saturday   | <b>Sept to March</b><br><b>Practices start:</b><br>October 1<br><br><b>Games start:</b><br>October 13th | Includes<br>-Reversible Jersey                          |
| <b>2004-05</b><br>Gender Specific<br><br>Cost = \$250.00           | <b>MIDGET / U15</b><br>Community League Play. Games and practices in Parkland County   | <b>Skills &amp; health based training</b> from NCCP Fundamentals trained coaches, guest coaches & fitness specialists.<br><b>Includes 1 practice and 1 game per week.</b> | <b>Practice:</b><br>Boys = Tues or Thurs<br>Girls = Mon or Tues<br><br><b>Games:</b> Saturday | <b>Sept to March</b><br><b>Practices start:</b><br>October 1<br><br><b>Games start:</b><br>October 13th | Includes<br>-Reversible Jersey                          |
| <b>2000-03</b><br>Co-ed<br><br>Cost = \$160.00                     | <b>JUVENILE / U17</b><br>Community League Play. Games and practices in Parkland County | <b>Skills &amp; health based training</b> from NCCP Fundamentals trained coaches, guest coaches & fitness specialists.<br><b>Includes 1 practice and 1 game per week.</b> | <b>Practice:</b><br>Boys & Girls = Wed<br><br><b>Games:</b> Saturday                          | <b>Sept to Dec</b><br><b>Practices start:</b><br>October 1<br><br><b>Games start:</b><br>October 13th   | Includes<br>-Reversible Jersey                          |

*Please Note: Specific practice night, time, and location dependent on which team your child is placed. You may indicate during registration **ONE** night a week that does not work, and we will do our best to accommodate. This is not guaranteed*